



Warwickshire County Athletics Association

The bear – APRIL/MAY 2008
ISSUE 03/2008

1 Still Looking

Issue 2 gave you the pleasing news that Alison Mills (02476 396 366) of Nuneaton Harriers AC has agreed to serve as Warwickshire County AA Secretary. Unfortunately still no offers have been forthcoming to compile and edit the Bear. Many thanks to Stewart Harris for his past Editorship but without a replacement we cannot guarantee future issues.

2 Warwickshire, Leicestershire and Northamptonshire County Championships.

Entries for the two day meeting at Leicester are up on last year and another big programme has been drafted (10.30 to 17.30).

Prior to that the U17 men's and women's 3000 metres Championship will be held at the Birmingham Rowheath Open Meeting on Monday 5th May.

This year's Vhampionship weekend will include the first ever Inter County match for athletes with a disability. Many thanks to Lincoln Asquith who has agreed to manage the Warwickshire team. If you know of anybody who would like to be among the first athletes to be awarded a County vest please tell Lincoln (07961 989094) or Ray Morgan (01926 330667)

3 County Teams.

Reflecting on the Inter Counties Championship at Wollaton Park and thanking all who played their part, Warwickshire were among the minority who closed teams in all ten Championship races.

SW 10th U20W 7th U17W 9th U15G 32nd U13G 20th

SM 11th U20M 7th U17M 20th U15B 12th U13B 11th

There were some notable individual performances:

Laura Kenney (RSCAC) 1st Senior Woman – see below

James Walsh (Leeds City) 6th Senior Man

Both Laura and James were selected for the "Worlds" in Edinburgh.

Danny Mills (Nuneaton) 4th U15 Boy

Michael McKeown (CovG) 10th U13 Boy

Looking forward to the track Inter Counties at Bedford on 25/26 May, if you have any hopes or intentions to represent Warwickshire please ensure Becky Freeman (0121 745 9948) is aware as soon as possible and no later than the County Champs weekend.

John Nash (01926 412563) will use the County Champs results to start to assemble the Young Athletes team (U13/U15 boys and girls) for their September fixture at Hull.

4 Laura Kenney

Laura's wonderful victory at Nottingham, the first ever to a Warwickshire woman, deserves special comment. Remember she was third to Hannah Whitmore (L) and Tina Brown (CovG) at Burbage Common on January 5th. Our dedicated Loughborough student repeated her great Inter Counties form with an excellent 38th place in the Edinburgh "Worlds", 3rd British counter for a 6th placed team.

While these feats merit lavish praise they are a tangible reward to Royal Sutton Coldfield AC for their great work with Young Athletes over Road and Cross Country for a long time. Well done to both Laura and her Club.

5 Wonderful news.

Warmest congratulations to Frank and Bea Kirby who recently celebrated their 60th wedding Anniversary. Frank is a Life Vice President of the Association.

6 U11 League

The new U11 League set up by the CSW Development Forum is about to hold its first meetings. One Division contains Leamington, Solihull and Stratford and another contains Coventry, Nuneaton and Rugby. Well done to Ray Morgan and Dave Boughey who manage the CSW Forum.

The first meetings are at Leamington on 30th April and Nuneaton on 1st May.

The second fixtures are both on 5th June at Solihull and Rugby

The last fixtures are on 27th August at Stratford and Coventry (Sphinx hosting).

7 Shorts

- Race Walking InterCounties at Leamington. Warwicks Men 1st, Women 3rd, Overall 1st.
- County grants have been awarded to Centurion (Handbook) and Coventry (Hurdles). What about your Club?
- Coach Education. Level 2 course at Alexander Stadium on 9/10 May. Contact Leonie Lightfoot (07824 302935)
- Is your Club interested in courses on First Aid, Disability, and Child Protection? Contact Leonie.

8 Sportshall.

Norwich Union UK Final at the NEC and our local success story continues. Unfortunately this year's event included field events only because the "track" was considered unsafe.

U13 Girls. Birmingham 1st 70 points clear.

U13 Boys. Birmingham 1st 71 points clear. Warwickshire 5th.

U15 Girls. Birmingham 2nd just 5 points down on Derbyshire

U15 Boys. Fermanagh 1st 684, Warwickshire 2nd 635, Birmingham 4th 606

Well done all!!! A fine conclusion to the Sportshall season saw finalists from the Shetland Isles to the Isle of Wight.

9 Coming Up (on the Road)

Sunday 27th April Stratford Half Marathon incorporating the WCAA Championships

Sunday 27th April and 2nd, 3rd, 4th, 5th May Marathon Tour of Coventry and Warwickshire

Wed 25th June Coventry Godiva Midsummer 5 miles at Fen End, Coventry WCAA

Championships and Warwickshire Road Race League (WRRL)

Saturday 5th July Stratford Summer 6 part of the WRRL

Thurs 10th July Birmingham Rowheath 5k incorporating the WCAA Champs and WRRL

- 10 Northbrook 10k
 Sunday 1st June Northbrook 10k incorporates the WCAA Champs and is also part of the Warwickshire Road Race League. Most importantly it also includes the Inter Counties 10k Championship.
 If you are interested in representing the County call the team managers Tom and Pauline Dable (01926 498325) as soon as possible.
 Otherwise the basic details are:-
 Entry Fee: UKA club members: £7.00 (£8.00 on the day)
 For more information either contact Malc Boileau at 07800 716544
 or visit the website www.northbrookac.org
- 11 Additional Road Dates
 October Half Marathons: Sunday 5th at Kenilworth
 Sunday 19th City of Coventry
 Sunday 26th City of Birmingham
- The Birmingham race will be the test event for the IAAF half Marathon Championships ("Worlds") recently awarded to the City for 11th October 2009.
- Fixtures to add to the Road Calendar published in the last issue of the "Bear"
- | | | |
|--------------------------|-----------------------------------|----------------------|
| Sun 11 th May | Hilly Challenge 10k (and fun run) | Kenilworth |
| Sun 18 th May | Whitnash 3 miles | Whitnash, Leamington |
- 12 Coming Up (on the Track)
 Sat/Sun 10th/11th May County Track and Field Champs at Leicester
 Sun/Mon 25th/26th May Inter Counties Senior Track and Field Champs at Bedford
 Sun 13th September Inter Counties U13/U15 Track and Field match at Hull
 Wed 3rd September Leamington One Hour Track Race
- Sprint Grand Prixes for U20 and Senior athletes over 100m, 200m and 400m. Birmingham Rowheath (5th May), Coventry (28th May), Worcester, Loughborough, Derby and Corby will share in a new series which will lead to Finals at the Birmingham Games at Alexander Stadium on 20th July. Entry can be made on the night up to 30 minutes before the start of the meeting but all intending competitors MUST complete a registration form whether eligible or not for East or West Midlands Regions. See www.coventry-godiva-harriers.org.uk for form
- 13 Champion 2012 Master Class Coaching Course in POLE VAULT at Alexander Stadium from 11th to 14th August. Coaching by top coaches and demonstrations and advice by International Vaulters. Age Group U.13 - U.23 male and female. Complete novices and observer coaches welcome. Full range of courses for coaches available from beginner to advanced levels. Cost £179 includes 3 days full board accommodation. Non – residential cost £45. Course information from the BACT Website: www.bact.co.uk
 Application forms from Peter Sutcliffe E mail petesut@hotmail.com

**We have a wide distribution but we cannot reach everybody.
 So, please copy, distribute and display in your Club.**

Keep following 'THE BEAR'.

www.WarwickshireCountyAA.co.uk